

## Restorative Facials:

**Pure Adoration: \$150 — approx 90 min**

*(not recommended for oily/acneic skin)*



Blissfully indulgent, this facial will leave you speechless. Your skin will be brightened, tightened and nourished with a cocktail of antioxidants, vitamins and mega hydrators. Enjoy an extended massage of your face, ears, neck, shoulders and décolleté, utilizing multiple modalities. Melt away with a fabulous

scalp massage. Decompress with a hand to shoulder and a foot to calf massage. Give yourself permission to say “yes” to Pure Adoration!

**Zen Harmony: \$100 — approx 60 min**

*(not recommended for oily/acneic skin)*

A meditative experience, this facial blends the relaxation of heated stones with the stimulation of cooled stones. Energize your skin, increase the circulation and oxygen flow that nourishes your cells. Warm basalt stones are also used on targeted areas of your body for the Ultimate Stone Facial experience.

**Reiki Spirit Rejuvenation:**

*(for all skin types)*

- Facial \$100 — approx 60 min
- Non-Facial \$50 — approx 30 min

Energy Balancing treatments help to reduce stress and anxiety by quieting mental chatter and calming the emotions, so you feel more at peace, connected and better able to deal with day-to-day stressors.

## Rhoda Keith

Rhoda Keith, of Skin to Adohr, is passionate about her work and is dedicated to helping others with the health of their skin, educating them on how the skin works as it ages, and working with them to achieve their skincare goals. Whether you are in need of targeted skin treatments, an eyebrow makeover, or some relaxation and pampering, Rhoda will customize something special for you! Rhoda has been a licensed Esthetician since 2003, and has also taught esthetics for a local beauty school. Call today, and get your prescription for beauty filled!



## For Your Information:

**Gift Certificates:** Available for those you love. To be redeemed at the time of service.

**Cancellation Policy:** Each appointment is reserved especially for you. To avoid charges for missed appointments or last minute changes, please give us 24-hour notice.

**Appointments:** Your pamper time is guaranteed with a credit card or gift certificate number.

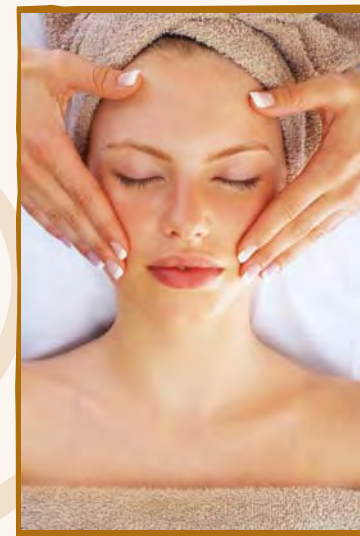
**Gentle Reminder:** To honor your time to relax and restore, as well as that of our other guests, we ask that cell phones are turned off or placed on silent.

**Business Days:** Tuesday thru Saturday, by appointment.

## Skin to Adohr

Face & Body Waxing | Brow Tinting | Microdermabrasion  
Targeted Anti-Aging Peels | Acne Peel & Purifying Facial | Reiki Facial  
Organic Passion Peel | Blueberry Wine Hydrating Facial | Vitamin C Facial  
Classic European Facial | Ultimate Stone Facial | European Back Treatment  
Hot Stone Back Treatment | Spa Therapy Body Treatment

## Skin to Adohr



## The Essence of Beauty...

*nurturing your vibrancy  
to restore a radiant reflection*

**916.315.1449**

3101 Sunset Blvd., Suite 2-E | Rocklin, CA 95677  
*Located inside the Tranquil Moments Wellness Spa*

[skintoadohr.com](http://skintoadohr.com)

# Specialty Facial Treatments

## AGE Smart Facial: \$85 — approx 60 min

(series of 3 \$230, series of 6 \$425)

Give your skin a revitalizing power boost with this potent vitamin and hydroxy acid treatment designed to help firm, smooth, nourish, regenerate and energize while controlling the biochemical triggers that lead to skin aging! Ideal for prematurely aging, mature or devitalized skin.

### AGE Smart Add-ons:

Contour Masque: \$10      Décolleté: \$10  
Eye Rescue: \$15      Lip Renewal: \$15  
Hand Repair: \$25

## Lunchtime Peels: \$85 — approx 30 min

(series of 3 \$230, series of 6 \$425)

These customized treatments offer unparalleled results, treating specific skin conditions. Target fine lines and wrinkles, pigmentation or acne. Your professional consultation will determine which peel is right for you.

### Lunchtime Peel Add-on:

Décolleté: \$15

# Waxing

### Waxing for Women:

Eyebrow Design: \$20      Underarms: \$30  
Brow Maintenance: \$15      Forearms: \$30-\$40  
Upper Lip/Chin/Nostrils: \$10      Full Arms: \$40-\$60  
Cheeks: \$20      Half Legs: \$35-\$50  
Bikini: \$25-\$60      Full Legs: \$60-\$70  
Brazilian: \$60-\$125

Add a little pampering to your brow or lip wax appointment with a Mini Vacation Cleanse & Masque Treatment: \$20

### Waxing/Grooming for Men:

Brows: \$15      Back/Chest: \$55-\$75  
Ears: \$15      Nape of Neck: \$15  
Nostrils: \$10      Shoulders: \$20

# Microdermabrasion

Microdermabrasion helps to diminish fine lines, wrinkles, pigmentation from sun damage, superficial acne scars and improves the overall appearance and tone of skin.

This DiamondSkin resurfacing procedure gently exfoliates the surface of the skin while stimulating the production of collagen and elastin, resulting in a firmer, smoother, more radiant complexion.

### Microdermabrasion Oxygen Facial:

**\$125 — approx 75 min** (series of 3 \$337, series of 6 \$625)

The results of Microdermabrasion combined with the benefits of a relaxing facial. This treatment includes light extractions, an oxygen blast to soothe your skin, a pressure point facial massage and a calming masque.

### Lunchtime Micro: \$90 — approx 45 min

(series of 3 \$243, series of 6 \$450)

This microderm treatment gives you the results you want, and gets you out the door. This condensed version includes a soothing masque to calm your skin.

### Dual Micro + Peel: \$100 — approx 45 min

(can be combined w/ any series)

Accelerate your skin treatments with this dual exfoliation procedure; a customized peel, followed by microdermabrasion.

### Microderm Add-ons:

Décolleté: \$25      Hands: \$25  
Body: Pricing dependent upon treated areas.



# Facials

## Express Yourself: \$75 — approx 60 min

(series of 3 \$202, series of 6 \$375)

This purifying treatment helps to smooth and soothe irritated, rough and congested skin, by removing impurities and excess oils. Great for oily or acneic skin.

## Pamper Me: \$75 — approx 60 min

This Classic European facial is customized specifically for your individual skin's needs. A rejuvenating aromatherapy massage will leave you feeling relaxed and pampered. Upgrade to the Image Signature European for only \$85.

## Forever Young: \$85 — approx 60 min

This rejuvenating extravaganza of natural acids and fruit enzymes provide the ultimate in skin refining to peel away aging skin cells. Choose from the Blueberry Wine Peel or the Noni Peel. Either way, your skin will feel smoother, firmer and super hydrated.

## Mirror Mirror: \$85 — approx 45 min

This revolutionary 4-layer facelift will truly change the image of your skin in just one treatment. High doses of Vitamin C penetrate to tighten the skin, while Glycolic Acid and a cocktail of pharmaceutical grade ingredients work to speed up cellular turnover.

## Tropical Vacation: \$85 — approx 45 min

A papaya, pineapple, pumpkin and mango infused blend of organic and medically effective ingredients designed to rebalance tired, stressed and dull-looking skin. This non-chemical peel naturally regenerates, restores and soothes your skin.

### Facial Add-ons:

Décolleté: \$15  
Oxygen Blast w/ Vitamin Boost: \$15  
Hands: \$15  
Two Layer Eye Lift Treatment: \$15

